

Curriculum Vitae

I. Personal Information

- **Name: Dr. Anmar Al Shorman M.D.**
- **Irbid-Jordan**
- **Telephone: +962 7972 22 55**
- **E-mail: anmar98@icloud.com**
- **Nationality: Jordanian**

II. Personal Statement

I am a highly motivated and caring first-generation physician. I am dedicated to providing high-quality healthcare and advancing medical knowledge. Passionate about improving patient outcomes, I bring valuable experience from my medical training background to contribute effectively to the team. My colleagues have praised my strong communication skills, adaptability, and ability to remain flexible and professional under pressure, along with my patient-oriented approach. I am committed to making meaningful contributions to medicine through my clinical expertise and dedication to continuous learning and professional development.

III. Education and Degrees:

- **Doctor of Medicine**, Ferhat Abbas University, Algeria (2016-2023)
- **Primary and Secondary Education** at King Abdullah the Second School for Excellence, Jordan (2012-2016)

IV. Internships

Accredited by Ministry of health of Algeria, Ministry of health of Jordan and its affiliated Hospitals, Jordan Medical Council (JMC). It included the following rotations:

- 1. Pediatrics, Saâdna-Abdenour University Hospital, Setif, Algeria, 3 months (Sep 2022 – Nov 2022)**
 - Gained experience in a pediatric center serving 5 provinces in Algeria, supporting the medical team in diagnosing and treating pediatric patients, managing patient records, and assisting with community health outreach programs.

2. Intensive Care Unit, Saâdna-Abdenour University Hospital, Setif, Algeria, 3 months (Dec 2022 – Feb 2023)

- Interned in the country's top ICU department, managing critical patients, performing CPR, assisting in emergency procedures, setting ventilators and collaborating with top specialists to deliver exceptional patient care and enhance my clinical skills.

3. Obstetrics & Gynecology, Saâdna-Abdenour University Hospital, Setif, Algeria, 3 months (Mar 2023 – May 2023)

- Trained in a maternity hospital, assisting with labor and delivery, providing prenatal and postnatal care, and supporting the medical team in managing maternal and infant health. Collaborated with the Chinese mission within the maternity hospital and participated in a television interview for a Chinese network.

4. General Surgery, Saâdna-Abdenour University Hospital, Setif, Algeria, 3 months (Jun 2023 – Aug 2023)

- Worked in a general surgery department, assisting with pre-operative and post-operative care, supporting surgical procedures, and managing diverse patient cases during night shifts in the emergency department.

V. Experiences and Employments

- **General medicine center, Setif, Algeria (Sep 2023 – Nov 2023)**
 - Private medical center offering 24-hour consulting and emergency care services.
- **Multiple private medical centers, Irbid, Jordan (Mar 2024 – Sep 2024)**
 - Gaining valuable experience and building new connections while working in the country.

VI. Professional Skills

- **Ability to Work Under Pressure**
 - Managing tasks and responsibilities even in challenging or high-stress situations while staying calm, focused, and productive when deadlines are tight, workloads are high, or unexpected issues arise, particularly in the operating room where tight deadlines and unexpected issues may arise.

- **Ability to Work in a Team**
 - Collaborating effectively with other colleagues and nurses to achieve common goals, with clear communication, adaptability, and a willingness to listen.
- **Diagnosis of medical/surgical conditions and emergencies**
 - Providing a structured ABCDE approach for patients, especially in urgent cases, ensuring they receive a thorough physical examination and appropriate first-line therapies.
- **General pediatrics consults**
 - Including diagnosing and treating common illnesses, advising on preventive care, and providing guidance on growth and development.
- **Prescribing medication correctly**
 - Precision in Dosage and Selection, Patient Education, Safety and Interaction Awareness, Up-to-Date Knowledge, and Monitoring and Adjusting.
- **Interpreting laboratory results**
 - Identifying abnormal values and integrating lab results with clinical presentation to enhance diagnostic accuracy and inform treatment. Also, ensuring timely follow-up on critical results for urgent intervention and closely monitoring lab data variations, hoping to demonstrate meticulous diagnostic skills.
- **Physically administering treatments (IV, IM)**
 - Ensuring precise technique, proper dosage, and patient comfort while maintaining strict aseptic practices, to minimize infection risks, and monitoring patient responses for any immediate reactions, ensuring safe and effective therapeutic delivery.
- **Providing follow-up care for chronic conditions**
 - Delivering consistent follow-up care for patients with chronic conditions, facilitating regular assessments and evaluations to track progress and collaborating with patients to set achievable health goals, providing resources and support to enhance self-management and adherence to treatment plans.
- **Suturing and dressing wounds**
 - Proficient in suturing and dressing wounds with precision, ensuring optimal healing and minimizing scarring.

- **Casting, splinting, and bracing**
 - Assessing the need for orthopedic interventions and referrals and applying appropriate techniques tailored to each patient's specific condition.
- **Minor surgical procedures**
 - Nail-specific conditions (ingrown toenail, subungual hematoma, ...), Excision of Cutaneous lumps (Lipoma, Sebaceous Cyst), Abscess incision and drainage, Removal of a foreign body (hand, foot, ear, ...), Debridement.
- **Burns management**
 - Including initial treatment, wound care, and pain management while utilizing appropriate protocols for various burn types and severities, focusing on infection prevention and promoting healing, without omitting the importance of collaborating with multidisciplinary teams to develop comprehensive care plans and provides patient education on burn care and recovery.

VII. Continuing Professional Development (CPD)

- American Heart Association - *Pharmacological and Surgical Management of Obesity* (Oct, 2024)
- Save a Life by National Health Care Providers Solutions, Indiana, United States – *ACLS* (Oct, 2024)
- WHO, Health Emergencies Programme - *WHO/ICRC Basic Emergency Care: Conflict-Related Injuries* (Oct, 2024)
- Chest Heart & Stroke Scotland e-learning - *Hyperacute stroke treatments* (Oct, 2024)
- Stanford University School of Medicine - *SonoDoc: Case-based Learning in Bedside Ultrasound* (Oct, 2024)
- American Academy of CME – *NIHSS General Certificate A-V5 CME* (Oct, 2024)
- Stanford University School of Medicine - *Multiple Sclerosis Lecture Series: Novel Therapies* (Oct, 2024)
- Stanford University School of Medicine - *Comparative Effectiveness in Cardiovascular Disease | Cardiology Grand Rounds (RECORDING)* (Oct, 2024)
- Hospital for Special Surgery of New York – *An Update on Clubfoot in Pregnancy* (Oct, 2024)

- Neurosurgery department at King Abdullah University Hospital and the Neurosurgery Interest Group at Jordan University of Science and Technology in collaboration with King Hussein Cancer Center – *Glioma Day* (Sep, 2024)
- Stanford University School of Medicine - *Essential Emergency and Critical Care* (Sep, 2024)
- Hospital for Special Surgery of New York - *Assessment and Decision Making Regarding the Optimal Management of Shoulder and Elbow Injuries of Active Patients* (Sep, 2024)
- Stanford University School of Medicine - *Multiple Sclerosis: Case Studies on the Importance of Early Diagnosis and Optimal Treatment* (Aug, 2024)
- Save a Life by National Health Care Providers Solutions, Indiana, United States – *BLS* (Aug, 2024)

VIII. Languages

- **Arabic** – first language
- **English**
- **French**

IX. References

Available upon request.