

Haitham Bani Omar, M.D.

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Education

M.D., Hashemite University Faculty of Medicine, Zarqa, Jordan

2017 - 2023

Work Experience

Transitional Intern, Jerash Governmental Hospital, Jerash, Jordan

11/07/2023 –
10/7/2024

- Gained extensive exposure to a broad spectrum of medical cases, including both acute and emergent conditions.
 - Developed expertise in managing both routine and urgent cases by employing a patient-centered approach and monitoring chronic diseases.
 - Conducted thorough patient evaluations in the emergency department and interpreted laboratory tests and imaging studies to aid in accurate diagnosis and treatment planning.
 - Collaborated with multidisciplinary teams to ensure effective patient management and streamline care processes.
 - This experience enhanced my communication skills with patients and sharpened my critical thinking abilities.
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Professional Membership

Jordanian American Physicians Association (JAPA)

Leadership & Volunteer

Editor and content reviewer at JAPA's Academy Arabic Content Project

2023 - Present

- My role as a content reviewer involves overseeing the content creation, ensuring quality and accuracy, and collaborating with a team to produce valuable materials for JAPA's Academy Arabic Content Project.

JAPA's Academy Arabic Journal

2022 - 2023

- Responsibilities include editing, collecting data, and writing health-related articles in Arabic to provide the general population with free and updated information to increase their health awareness.

Volunteer in a three-week medical campaign organized by Flying Doctors of America- AL Salam Help Foundation

2022

- Participated in a medical outreach program aimed at providing healthcare services to underserved Syrian refugees in a resource-limited environment.
- Conducted comprehensive history-taking and thorough physical examinations to identify and address the healthcare needs of the refugees.
- Served as a crucial communication bridge between the patients and American physicians, ensuring that patients' symptoms and concerns were clearly understood and appropriately addressed.
- Assisted in organizing and managing the flow of patients, ensuring that the clinic operated smoothly and efficiently despite the high patient volume.
- Refined communication and adaptability skills, enabling effective work in diverse settings.

Hashemite University's Medical Academic Team

2020 - 2022

- I made several free learning sessions targeting medical students from a low socioeconomic background and served as a mentor. These sessions focused on simplifying complex topics related to the Central Nervous System (CNS), Cardiovascular System (CVS), and other basic medical sciences, including physiology, pathology, and biochemistry.
- I Provided hands-on training to excel in clinical examination techniques on patients, enhancing students' practical skills and confidence.

Publications

Review Articles

- Qura'an B, **Bani Omar H**, Al-Qaqa O, Abu-Jeyyab M, Hattab MG, Ruzieh M. (2024, March 26). Use of Inotropes and vasopressors in Septic Shock: When, Why, and How?. JAP Academy Journal, 2(1). <https://doi.org/10.58877/japaj.v2i1.115> March/2024

Articles in Progress

- Syeda F, Elkarib A, **Bani Omar H**, Rizwan M, Thakur A, Farooq O, Muzammil M. Integrative Approaches to Managing Hypertension: A Narrative Review of Lifestyle Modifications and Alternative Therapies. Publication Status: Submitted. Journal of Hospital Medicine. October 2024.

Abstract and Presentations

Posters

June/2023

- **Haitham Bani Omar**, AbuElkishik Z, Alzboon A., etal. Stress and Coping Strategies among Medical Students in Jordan. Graduation Research Project of the Faculty of Medicine, Hashemite University, Zarqa, Jordan
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Honor & Awards

Royal Court Scholarship

- It is a fully funded scholarship for medical school awarded to the top-ranking students based on their high school exams.

June/2017

Languages

English (Fluent), Arabic (Fluent)

Interests & Hobbies

Soccer, Swimming, Co-op video games, Watching movies.