# **Anas Alkharashgah**

### General Practitioner

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Dedicated and compassionate General Practitioner with expertise in diagnosing, treating, and managing a wide range of medical conditions. Skilled in patient care, preventive medicine, and health education. Strong communication and interpersonal skills, committed to promoting patient wellness. Willing to continue self-education and development to adhere with national/international standards and new advancements in the field of general practice and other relevant medical areas.

# **Work Experience**

General Practitioner Dec 2023 - Present

Jerusalem Hospital.

- Responding to medical/health problems presented by patients including history taking, diagnosis, first-aid, investigation, treatment, pain management and referral as appropriate.
- Managing daily emergency and day cases, discharging or admitting patients according to latest local guidelines and international criteria.
- Request, perform, interpret and analyze lab tests to diagnose patients' condition .
- · Prescribing medicines as required .
- · Performing minor surgical procedures based on patient needs.
- Writing admission notes, discharge notes and preparing official health documents or records, when necessary.
- Delivering pre-op and post-op medical management and care, including pain management, dose adjustments and antibiotics coverage and reporting regularly to consultants.
- Monitoring patients' conditions and progress, and re-evaluating treatments, as necessary.
- · Ensuring the systematic and organized follow up of previous hospitalized patients in OPD
- Responsible of in-patients, coordinates activities around patients in the ward.
- Prompting health education in conjunction with healthcare professionals.
- Council patients and their families about disease, prognosis and addressing their concerns.
- Liaising with the multidisciplinary team, collaboratining closely with colleagues to ensure delivering the best quality healthcare.

#### **General Practitioner**

Sep 2023 - Present

Private GP clinic | Irbid , Jordan

- Taking detailed history and performing relevant physical examination.
- Managing a wide variety of emergency cases including medical, surgical, pediatric and geriatric cases.
- Performing minor medical and surgical procedures, including wound dressing, simple sutures, simple abscess drainage, inserting and changing NG tubes and Foley's catheters.
- · Prescribing medicines as appropriate .
- Referring patients to the appropriate practice.
- Following-up chronic patients regularly to ensure best quality care is delivered .
- Healthcare education for patients regarding their conditions.
- · Home visits and regular care for bed-ridden patients and elderly .

Clinical Attachment Sep 2023 - Dec 2023

Ibn Al-Nafees Hospital Clinical attachment

- · Shadowed multiple specialists at emergency department.
- Taking detailed history from patients under senior supervision .
- Observing seniors and consultants while performing physical examination and procedures.
- · Discussing management plans with consultants and the medical team .

Intern Doctor Jul 2022 - Jul 2023

Basma Teaching Hospital

- Triage and admission of critical care patients in a busy emergency care department seeing upward of 200
  patients daily.
- Coordinated a well-rounded patient care by collaborating with medical professionals in a diverse clinical areas.
- Interviewed patients to asses histories, investigate concerns and complete physical examinations.
- Interpreted findings from investigations and Communicating diagnosis with patients.
- · Educating patients and families on managing illnesses and disease prevention techniques.
- Diagnose conditions accurately by combining findings from physical examinations and laboratory test results.
- Ordered different laboratory tests and imaging scans to complete further investigations.
- Internship rotations included scheduled shifts in all four major departments.
- Gained surgical skills such as suturing, dressing, debrightment, Cooley's catheter insertion and abscess drainage.
- · Gained experience in obstetric ultrasound imaging use.
- Monitoring child growth and immunization status .

# **Volunteer Experience**

### Class representative

Medical school

Member of International Federation of Medical Students Associations (IFMSA) Nov 2016 - Jun 2022 IFMSA

**Treasurer of the Medical Club** 

Dec 2020 - Nov 2021

Sep 2019 - Jun 2022

Deanship of Student Affairs

Organised multiple charity activities for the medical students and the local society.

#### **Member of the Medical Club**

Dec 2019 - Nov 2020

Deanship of Student Affairs

Organised multiple charity activities for the medical students and the local society .

#### **Batch representative**

Oct 2016 - Jun 2018

Medical school

# **Core Skills**

Surgical skills, Computer skills , Excellent clinical medical knowledge and knowledge of most medical equipment, Excellent knowledge in medical and surgical equipment .,

Excellent communicator at all levels with interpersonal skills and able to maintain confidentiality and impartiality .,

Proven leadership and problem-solving abilities, Critical thinker with problem-solving abilities, Compassionate and empathetic when dealing with patients and families.

### **Education**

Mutah University

Jan 2016 - Dec 2022

**Doctor of Medicine** 

**GPA 74.7** 

# Languages

Arabic (fluent), English (fluent)

### **Certificates**

Occupational English Test Sep 2022

Cambridge Boxhill Language Assessment Trust (CBLA)

Professional and Linguistic Assesment Board Exam part 1 (PLAB1)

Aug 2023

General Medical Council

United Kingdom Medical Licensing Assesment Exam Part 2 May 2024

General Medical Council